

**Inventory of Interpersonal Problems-SC**

Here is a list of problems that people report in relating to other people. Please read the list below, and for each item, consider whether that item has been a problem for \_\_\_\_\_ with respect to any significant person in the group. Then select the number that describes how distressing that problem has been, and circle that number.

**Part I. The following are things this person finds hard to do with other people.**

| It is hard for him/her to:  | Not<br>at all | A little<br>bit | Moder-<br>ately | Quite<br>a bit | Extremely |
|---|---------------|-----------------|-----------------|----------------|-----------|
| 1. join in on groups.....   | 0             | 1               | 2               | 3              | 4         |
| 2. keep things private from other people.....                                       | 0             | 1               | 2               | 3              | 4         |
| 3. tell a person to stop bothering him/her.....                                     | 0             | 1               | 2               | 3              | 4         |
| 4. introduce him/herself to new people.....   | 0             | 1               | 2               | 3              | 4         |
| 5. confront people with problems that come up.....                                  | 0             | 1               | 2               | 3              | 4         |
| 6. be assertive with another person.....  | 0             | 1               | 2               | 3              | 4         |
| 7. let other people know when he/she is angry.....                                  | 0             | 1               | 2               | 3              | 4         |
| 8. socialize with other people.....   | 0             | 1               | 2               | 3              | 4         |
| 9. show affection to people.....  | 0             | 1               | 2               | 3              | 4         |
| 10. understand another person's point of view.....                                  | 0             | 1               | 2               | 3              | 4         |
| 11. be firm when he/she needs to be.....  | 0             | 1               | 2               | 3              | 4         |
| 12. experience a feeling of love for another person.....                            | 0             | 1               | 2               | 3              | 4         |
| 13. be supportive of another person's goals in life.....                            | 0             | 1               | 2               | 3              | 4         |
| 14. feel close to other people.....   | 0             | 1               | 2               | 3              | 4         |
| 15. feel good about another person's happiness.....                                 | 0             | 1               | 2               | 3              | 4         |
| 16. ask other people to get together socially with him/her.....                     | 0             | 1               | 2               | 3              | 4         |
| 17. attend to his/her own welfare when somebody else is needy.....                  | 0             | 1               | 2               | 3              | 4         |
| 18. be assertive without worrying about hurting<br>the other person's feelings..... | 0             | 1               | 2               | 3              | 4         |

**Part II. The following are things that this person does too much.**

|   |   |   |   |   |   |
|---|---|---|---|---|---|
| 19. he/she is too easily persuaded by other people.....             | 0 | 1 | 2 | 3 | 4 |
| 20. he/she opens up to people too much.....                         | 0 | 1 | 2 | 3 | 4 |
| 21. he/she is too aggressive toward other people.....               | 0 | 1 | 2 | 3 | 4 |
| 22. he/she tries to please other people too much.....               | 0 | 1 | 2 | 3 | 4 |
| 23. he/she wants to be noticed too much.....                        | 0 | 1 | 2 | 3 | 4 |
| 24. he/she tries to control other people too much.....              | 0 | 1 | 2 | 3 | 4 |
| 25. he/she puts other people's needs before his/her own too much.   | 0 | 1 | 2 | 3 | 4 |
| 26. he/she is too suspicious of other people.....                   | 0 | 1 | 2 | 3 | 4 |
| 27. he/she tells personal things to other people too much.....      | 0 | 1 | 2 | 3 | 4 |
| 28. he/she argues with other people too much.....                   | 0 | 1 | 2 | 3 | 4 |
| 29. he/she keeps other people at a distance too much.....           | 0 | 1 | 2 | 3 | 4 |
| 30. he/she lets other people take advantage of him/her too much.... | 0 | 1 | 2 | 3 | 4 |
| 31. he/she is affected by another person's misery too much.....     | 0 | 1 | 2 | 3 | 4 |
| 32. he/she wants to get revenge against people too much.....        | 0 | 1 | 2 | 3 | 4 |